



---

## **MEDIA RELEASE**

23 APRIL 2019

### **Give It a Go program funded by State Government**

We are pleased to announce our Give It a Go – Dover After School Activities program has been funded by the State Government under its Healthy Tasmania Community Innovations Grants.

The program will run during terms two and three this year and will promote physical activity and healthy eating through a fun and engaging weekly after school program for children in the Dover area.

The grants were available for organisations to provide seed-funding to support innovative, sustainable, grassroots, community driven programs that promote health and wellbeing.

Dover and surrounding areas are classified under the Index of Relative Socio-economic Disadvantage as “most disadvantaged”.

Mayor Bec Enders said studies have shown children were less likely to participate in organized physical activities outside of school hours if they come from a disadvantaged area.

“We are delighted that the State Government has approved the funding for this health program so we can make a long-term commitment that encourages our children to try organised physical activity in a safe and friendly environment.

Although this funding is dedicated to our children, we know that physical activity brings people together where they can socialise and learn new skills, and feel healthier both physically and mentally.’

Health Minister Michael Ferguson said the program which received funding of \$16,284 was one of 24 successful projects around the state.

**For more information: Mayor Bec Enders (03) 6264 0300**

**Communications & Media Officer**

Huon Valley Council

[communications@huonvalley.tas.gov.au](mailto:communications@huonvalley.tas.gov.au)